



**CLASS SCHEDULE  
FEBRUARY**

**PLAYA VISTA**

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- ♪ Music
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**MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY                      SATURDAY                      SUNDAY**

<b>6:15-7:10 Hatha Yoga 1-2</b> Rachel Chien	<b>6:15-7:10 SculptWorks®</b> Amy Bishop	<b>6:15-7:10 Hatha Yoga 1-2</b> Rachel Chien	<b>6:15-7:10 SculptWorks®</b> Amy Bishop	<b>6:15-7:10 Hatha Yoga 1-2</b> Rachel Chien	<b>8:45-10:10 Vinyasa Flow 2-3</b> Logan Cahoon	<b>8:45-10:10 Vinyasa Flow 2-3</b> ☀ Vytas
<b>6:30-7:25 TRX®</b> Alice Maples	<b>7:30-8:25 Vinyasa Flow 2</b> Maya Magennis	<b>6:30-7:25 TRX®</b> Alice Maples	<b>7:30-8:25 Vinyasa Flow 2</b> Maya Magennis	<b>6:30-7:25 TRX®</b> Alice Maples	<b>9:15-10:25 Iyengar 1-2</b> Vladimir Jandov	<b>9:15-10:10 SculptWorks®</b> Christa Pryor
<b>9:15-10:25 Vinyasa Flow 2</b> ☀ Kali Alexander	<b>9:15-10:25 YogaWorks 1-2</b> Thomas Taubman	<b>9:15-10:25 Vinyasa Flow 2</b> ☀ Kali Alexander	<b>9:15-10:25 YogaWorks 1-2</b> Thomas Taubman	<b>9:15-10:25 Vinyasa Flow 2</b> ☀ Kali Alexander	<b>10:30-11:40 YogaWorks 1</b> Romy Phillips	<b>10:00-10:55 YogaWorks 1-2</b> Maya Magennis
<b>10:30-11:25 Iyengar 1-2</b> Koren Paalman	<b>10:45-11:55 Prenatal Yoga</b> Desiree Bartlett	<b>10:30-11:25 Iyengar 1-2</b> Koren Paalman	<b>10:45-11:55 Prenatal Yoga</b> Keya Nkonoki	<b>10:30-11:25 Iyengar 1-2</b> Vladimir Jandov	<b>10:45-11:40 Pilates Mat</b> Veronica Parmar	<b>12:00-12:55 YogaWorks 1</b> Suzanne Dunn
<b>10:45-11:40 YogaWorks 1</b> Romy Phillips	<b>11:00-12:10 YW Flow 2</b> Birgitte Kristen	<b>10:45-11:40 YogaWorks 1</b> Romy Phillips	<b>11:00-12:10 YW Flow 2</b> Birgitte Kristen	<b>10:45-11:40 YogaWorks 1</b> Romy Phillips	<b>12:00-12:55 YogaWorks 1-2</b> Suzanne Dunn	<b>12:15-1:25 Vinyasa Flow 2</b> Deb Lee
<b>12:00-12:55 Vinyasa Flow 2</b> Maevae McCaffrey	<b>12:15-1:10 Pilates Mat 1-2</b> Holly Jean Cosner	<b>12:00-12:55 Vinyasa Flow 2</b> Maevae McCaffrey	<b>12:15-1:10 Pilates Mat 1-2</b> Holly Jean Cosner	<b>12:00-12:55 Vinyasa Flow 2</b> David Romero	<b>3:00-4:10 Gentle Yoga</b> Ali Owens	<b>4:00-5:10 Urban Zen</b> Jessica Schmidt
<b>4:30-5:40 Vinyasa Flow 2-3</b> Anne Van Valkenburg	<b>12:30-1:25 YogaWorks 1</b> Olivia Barry	<b>4:30-5:40 Vinyasa Flow 2-3</b> Anne Van Valkenburg	<b>12:30-1:25 YogaWorks 1</b> Olivia Barry	<b>5:00-5:55 Pilates Mat</b> Veronica Parmar	<b>4:30-5:40 Vinyasa Flow 2</b> David Romero	
<b>5:00-5:55 Pilates Mat</b> Jilene Johnson	<b>5:00-5:55 BarWorks</b> Zoe Welch	<b>5:00-5:55 Pilates Mat</b> Veronica Parmar	<b>5:00-5:55 BarWorks</b> Zoe Welch	<b>5:15-6:10 Vinyasa Flow 2-3</b> ☀ Suzie Frank		
<b>6:00-6:55 YogaWorks 1</b> Jessica Schmidt	<b>6:00-6:55 Vinyasa Flow 2</b> ☀ Calvin Corzine	<b>6:00-6:55 YogaWorks 1</b> Jessica Schmidt	<b>6:00-6:55 Vinyasa Flow 2</b> ☀ Calvin Corzine	<b>6:30-7:25 Restoratives</b> Olivia Barry		
<b>6:15-7:25 Vinyasa Flow 2</b> ☀ Angela Kukhahn	<b>6:30-7:25 TRX®</b> Christa Pryor	<b>6:15-7:25 Vinyasa Flow 2</b> ☀ Angela Kukhahn	<b>6:30-7:25 TRX®</b> Christa Pryor			
<b>7:15-8:10 SculptWorks®</b> Rachel Ross	<b>7:15-8:25 YogaWorks 1</b> Kiyomi Takahashi	<b>7:15-8:10 SculptWorks®</b> Rachel Ross	<b>7:15-8:25 YogaWorks 1</b> Kiyomi Takahashi			
<b>7:30-8:40 Yin Yoga</b> Yvette Hamaya	<b>7:45-8:55 Iyengar 1-2</b> Chris Stein	<b>7:30-8:40 Yin Yoga</b> Yvette Hamaya				